

Registered NDIS Provider

We support the  
**ndis**



## PREPARING TO COOK FOR THE COMMUNITY

**Location:** Bendigo

**Program Duration:** 40 NDIS hours plus Safe Food Handling\* over 10 weeks

**Time/s:** 9am - 3pm, Mondays starting 13/07/2020

### Course overview

Have fun preparing and cooking meals to help others and increase your own cooking skills!

A brand new program where participants will assist in preparing meals in the 'Café for Covid' initiative through Bendigo Foodshare. This activity will have participants prepare, cooking and packaging ready-to-eat meals. These meals will then be distributed through Bendigo Foodshare to those in the community who need them the most. This program encourages the development of independent living skills through teaching participants about nutritious food choices, organisational skills and cooking skills with a hands-on approach. Positive outcomes for participants includes: social skills, meeting new people, developing and improving cooking skills, developing and enhancing communication skills and trying new things. A healthy lunch will be cooked and enjoyed by the group each session.

\*Participants will also undertake the 'Safe Food Handling' qualification\* (SITSS00051 skill set) that comprises units Safe Food Handling 1- SITXFSA001 and Safe Food Handling 2 - SITXFSA002. Through the Cafe for Covid program, participants will broaden their skills in food safety procedures. As well as learning great tips for their own cooking and healthy eating participants will develop essential work preparation skills.

*\* Please note this is not covered by NDIS funding and is a fee for service that will be invoiced separately.*

### In order to be eligible to receive a service, participants must:

1. Have available funding in correct NDIS category to receive supports from our service
2. Have a disability
3. Be 15 years of age or older

*\* Note: A non-discriminatory approach will be applied to all applicants regardless of race, gender, religion, age, sexual orientation or disability. Indigenous Australians are encouraged to apply to our service.*

For further information about the NDIA go to [www.ndis.gov.au](http://www.ndis.gov.au) or call 1800 800 110. Participants may also be funded under a 'fee for service' arrangement. This may be paid by the Department of Education, the participants/family's own funds or other funds available to the participant. If you are not eligible for NDIA funding you may also be able to gain information from the Department of Human Services (DHHS) about other funding streams available to you. To contact DHS, call 1800 783 783. SGAE are unable to provide an immediate NDIS service to participants who do not have funding available, do not have a disability and have support needs which do not match our available capacity to support the individual. Pricing is determined by the NDIS Price Guide and will be confirmed upon enquiry. SGAE is a Registered NDIS Provider.

 **03 5571 9900**  **[sgae.vic.edu.au](http://sgae.vic.edu.au)**



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